CLAIMS

Having thus described my invention, I claim:

1	1. A hand-held drinking container comprising:
2	a liquid reservoir having an opening at the upper end and shaped so as to
3	define a handle and a main body;
4	said handle being spaced from the main body so as to allow a person's
5	hand to fit in between said handle and said main body;
6	external cushion supports located on said main body;
7	an external trigger connected to an internal triggering mechanism; and
8	said internal triggering mechanism connected to a sealing means located in
9	the container.
1	2. The hand-held drinking container of claim 1 wherein:
2	said liquid reservoir has a funneled cap with a funnel spout that is sized
3	and shaped to fit into the user's mouth.
1	3. The hand-held container of claim 1 wherein:
2	said cushion support is positioned intermediate the main body and the
3	handle; and

said cushion support is sized, shaped, and structured to apply light pressure 4 against a back of a hand inserted between the main body and the handle. 5 The hand-held drinking container of claim 1 wherein: 4. 1 said external trigger is operable by a digit of a hand grasping said handle. 2 5. The hand-held drinking container of claim 1 wherein: 1 said internal triggering mechanism activates said sealing means when said 2 external trigger is turned. 3 The hand-held drinking container of claim 2 wherein: **6**. 1 said sealing means is a sealer sized and shaped so as to fit into an internal 2 3 entrance to a funnel spout; said sealer is sized and shaped so as to also overlap the perimeter of the 4 internal entrance to said funnel spout; and 5 said sealer has two eyes jutting from the bottom of the sealer. 6 7. The hand-held drinking container of claim 1 wherein: 1 said internal triggering mechanism connected to said sealing means has a 2 Page 12 of 17

- 3 rod, a connector, a link, a flap, and an arm; said rod is connected to said connector by inserting said rod into a hole on 4 said connector; 5 said connector is connected to said link by inserting one end of the link 6 into another hole on said connector; 7 said link is connected to said arm by inserting the other end of the link into 8 a hole located on a flap of said arm; 9 said arm is connected to said liquid reservoir by screws; and 10 said arm has two barbell-shaped cut-outs. 11
- 1 8. The hand-held drinking container of claim 7 wherein:
 2 said barbell-shaped cut-outs accommodate the two sealer eyes on said
 3 sealing means;
 4 said sealing means locks onto said arm by inserting the sealer eyes into
 5 said barbell-shaped cut-outs and turning; and
 6 said sealer is moved away from the internal entrance to said funnel spout when said trigger mechanism is activated.
 - 9. The hand-held drinking container of claim 1 and further comprising

 Page 13 of 17

1

an optional weight attachment to the bottom of said main body. 2 The hand-held drinking container of claim 9 wherein: 1 **10**. said optional weight attachment has a means for attachment to the bottom 2 of said main body; 3 said optional weight attachment is substantially planar; 4 said optional weight attachment has a top and bottom; 5 said optional weight attachment length is slightly less than the base length 6 of said container; 7 . 8 said optional weight attachment width is slightly less than the base width of said container; 9 said optional weight attachment has bumps located on said top; 10 said optional weight attachment has dimples located on said bottom; and 11 said optional weight attachment has a recess area on said bottom. 12 The hand-held drinking container of claim 10 wherein: 1 11. said means for attachment is a hook and loop type fastening material where 2 said material is wrapped around said recess area of said optional weight 3 4 attachment and said main body of the container.

1	12. The hand-held drinking container in claim 10 wherein:
2	said optional weight attachment is variable in weight.
1 .	13. The hand-held drinking container of claim 1 and further comprising
2	an optional flashlight attachment to the bottom of said main body.
1	14. The hand-held drinking container of claim 13 wherein:
2	said optional flashlight attachment has a means for attachment to the
3	bottom of said main body;
. 4	said optional flashlight attachment is substantially planar;
5	said optional flashlight attachment has a top and bottom;
6	said optional flashlight attachment length is slightly less than the base
7	length of said container;
8	said optional flashlight attachment width is slightly less than the base width
9	of said container;
10	said optional flashlight attachment has bumps located on said top;
11	said optional flashlight attachment has an on/off switch;
12	said optional light attachment on/off switch is electrically connected to an
13	internal battery;

- said internal battery is replaceable; and
- said optional flashlight attachment has a recess area on said bottom.
- 1 15. The hand-held drinking container of claim 13 wherein:
- said means for attachment is a hook and loop type fastening material where
- 3 said material is wrapped around said recess area of said optional flashlight
- 4 attachment and said main body of the container.